Wednesday, December 7, 2022

T3: Nutrition Through Life Course

09:00-10:30  Room 8
[SY(T3)1] Eating together towards healthy life and better well-being throughout lifecourse

Chairs: Suzanne Maria Piscopo, University of Malta, Malta
       Kumi Eto, Kagawa Nutrition University, Japan

Eating together throughout the lifecourse in the United States

Nurturing health, embracing conviviality: Sharing meals along the lifespan in the Mediterranean region

The importance of eating together for a healthy life throughout the lifecourse in Japan

09:00-10:30  Room 15
[SY(T3)2] Micronutrients across a woman’s life course

Organized by Healthy Mothers Healthy Babies Consortium - Micronutrient Forum

Chair: Marti J. Van Liere, The Micronutrient Forum, France

Overview of maternal nutrition and evidence for key interventions

Periconceptional multiple micronutrient supplementation reduces risk of early pregnancy loss in rural Bangladesh: The JiVita-5 Trial

The scale and scope of implementing maternal nutrition interventions

Antenatal multiple micronutrient supplementation; implementation lessons

Antenatal micronutrient supplementation in humanitarian settings

Impact of scaling up prenatal nutrition interventions on human capital outcomes in low- and middle-income countries: a modelling analysis

13:15-15:15  Room 8
[SY(T3)3] Nutrition for older adults

Chairs: Shoji Shinkai, Kagawa Nutrition University, Japan
        Satoshi Fujita, Ritsumeikan University, Japan

Protein quality and optimal intakes to prevent sarcopenia risk

Dietary protein: a key to active and healthy aging?

Dietary pattern approach to stop frailty

Preventive dietary factors for frailty, sarcopenia, and dementia; Results from NILS-LSA cohort study

13:15-15:15  Room 15
[SY(T3)4] Nutrition for older adults

Chairs: Shoji Shinkai, Kagawa Nutrition University, Japan
        Satoshi Fujita, Ritsumeikan University, Japan

Protein quality and optimal intakes to prevent sarcopenia risk

Dietary protein: a key to active and healthy aging?

Dietary pattern approach to stop frailty

Preventive dietary factors for frailty, sarcopenia, and dementia; Results from NILS-LSA cohort study
Wednesday, December 7, 2022

18:30-20:00    Room 3

[SY(T3)4] Counseling is complex: Approaches and tools to improve IYCF counseling quality
Organized by UASID Advancing Nutrition

Chairs: Elaine Gray, USAID, USA
Lesley Oot, JSI Research & Training Institute, Inc, USA
Kristen Cashin, USAID Advancing Nutrition, USA

Strengthening counseling capacity

Integrating nurturing care into nutrition counseling

Mentorship to strengthen IYCF

Approaches to strengthen counselor capacity

Resources for counselors

Kyrgyz Republic experience strengthening nutrition counseling

Lindy Fenlason
USAID, USA

Catherine Kirk
USAID Advancing Nutrition, USA

Altrena Mukuria-Ashe
USAID Advancing Nutrition, USA

Ann Miceli
USAID Advancing Nutrition, USA

Grainne Moloney
UNICEF

Nazgul Abazbekova
USAID Advancing Nutrition, USA

Thursday, December 8, 2022

09:00-10:30    Room 8

[SY(T3)5] Maternal nutrition

Chairs: Hidemi Takimoto. National Institutes of Biomedical Innovation, Health and Nutrition, Japan
Chizuru Nishida. World Health Organization, Switzerland

Preconception diet for healthy pregnancy outcomes

Maternal & child health service delivery in Sri Lanka

WHO global recommendations for improving health through maternal nutrition

Revised dietary guidelines for pregnant and lactating women in Japan

Naoko Arata
National Center for Child Health and Development, Japan

Kapila Jayaratne
Ministry of Health - Sri Lanka, Sri Lanka

Lisa Rogers
World Health Organization, Switzerland

Hidemi Takimoto
National Institutes of Biomedical Innovation, Health and Nutrition, Japan
Thursday, December 8, 2022

13:15-15:15 Room 8

[SY(T3)6] Infant nutrition for growth and future health

Chairs: Berthold Koletzko, LMU University Hospitals, Germany
       Akane Higashi, Kyoto Sangyo University, Japan

- Infant nutrition for growth and future health
- Early nutrition and later outcomes in preterm infants
- Dietary exposures among infants in the United States

Berthold Koletzko
LMU University Hospitals, Germany

M Jeeva Sankar
All India Institute of Medical Sciences, India

Regan L Bailey
College of Agriculture & Life Sciences, Texas A&M University, USA

Catherine A. Forestell
College of William & Mary, USA

13:15-14:45 Room 12

[SY(T3)7] Introducing and scaling multiple micronutrient supplementation for improved maternal nutrition

Organized by Kirk Humanitarian

Chairs: Ruchika Chugh Sachdeva, Bill & Melinda Gates Foundation, USA
       Kristen Hurley, Johns Hopkins University/Vitamin Angels Alliance, USA

- Introducing multiple micronutrient supplementation (MMS) for improved maternal nutrition in low- and middle-income countries
- Summary of the Global Evidence for MMS in Relation to Anemia Prevention
- Implications of MMS inclusion in WHO’s Model List of Essential Medicines

Kristen Hurley
Johns Hopkins University/Vitamin Angels Alliance, USA

Parul Christian
Johns Hopkins Bloomberg School of Public Health/Bill and Melinda Gates Foundation, USA

Martin N. Mwangi
University of Malawi/The Micronutrient Forum/Healthy Mothers Healthy Babies Consortium, Malawi/USA

Toslim Uddin
Social Marketing Company Bangladesh, Bangladesh

Sophonneary Prak
Ministry of Health / MMS Steering Committee, Cambodia

Trisari Anggondowati
University of Indonesia, Indonesia

Ba Aissata
Jhpiego, Mali

MMS Implementation Research Results: Bangladesh
MMS Implementation Research Results: Cambodia
MMS Implementation Research Results: Indonesia
MMS Implementation Research Results: Mali
Thursday, December 8, 2022

18:30-20:00   Room 9

[SY(T3)8] Aligning Newborn and Nutrition Priorities to Save Infant Lives
Organized by PATH

Chairs: Kiersten Israel-Ballard, PATH, USA
Cyril Engmann, PATH / University of Washington

WHO perspectives on use of human milk for vulnerable newborns
TBD

UNICEF priorities for ensuring optimal nutrition for vulnerable newborns
TBD

Local policy alignment to link newborn and nutrition implementation
TBD

Aligning Newborn and Nutrition Priorities to Save Infant Lives
Kiersten Israel-Ballard
PATH, USA

18:30-20:00   Room 12

[SY(T3)9] Fish and health in Atlantic Diet from childhood to elderly
Organized by Atlantic Diet Foundation (Santiago de Compostela University) / Ministry of the Sea (Autonomous Government of Galicia)

Chairs: Rosa Quintana, Minister of the Sea, Autonomous Government of Galicia, Spain
Luis Moreno, University of Zaragoza / Ibero-American Nutrition Foundation, Spain

Fish and Chronic Disease Prevention
Angel Gil
University of Granada, Spain

Diet Quality and Health in the Japanese Population
Kayo Kurotani
Showa Women's University, Japan

Atlantic Diet: Fish, Health and sustainability
Rosaura Leis
University of Santiago de Compostela / Atlantic Diet Foundation, Spain

Friday, December 9, 2022

09:00-10:30   Room 4

[SY(T3)10] Approach across lifecourse for better nutrition
Chairs: Ribeka Takachi, Nara Women's University Graduate School of Humanities and Sciences, Japan
Junko Ishihara, Azabu University, Japan

Work-related and work-environmental factors that influence diet: a Japanese perspective.
Mieko Nakamura
Hamamatsu University School of Medicine, Japan

The effect of educational background music on reducing salt intake at a university canteen.
Ribeka Takachi
Nara Women's University Graduate School of Humanities and Sciences, Japan

A school-based education programme to reduce salt intake in children and their families (School-EduSalt): Results from a cluster randomised controlled trial
Yangfeng Wu
Peking University, China
**Friday, December 9, 2022**

**13:15-14:45  Room 4**

**[SY(T3)11] Sustainable complementary feeding interventions to promote child development in food insecure regions**  
Organized by Academy of Nutrition and Dietetics  
Chair: Alison Steiber, Academy of Nutrition and Dietetics, USA  
Gabriela Montenegro-Bethancourt  
Brigham and Women’s Hospital, Wuqu Kawoq Maya Health Alliance, Guatemala  
Taylor C. Wallace  
Think Healthy Group, George Mason University, USA  
Gabriela V Proano  
Academy of Nutrition and Dietetics, USA

**Integrated Complementary Feeding of Eggs as a Strategy to Improve Developmental Outcomes in Children at Risk of Malnutrition: The Saqmolo’ Project**

**The Potential of Comparative Effectiveness Trials During the Complementary Feeding Period to Enhance Child Development and Lifelong Cognition in Food Insecure Regions**

**Using Community Engagement and Implementation Research Strategies to Address Food Insecurity in Indigenous Guatemalan Communities.**

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**Saturday, December 10, 2022**

**09:00-10:30  Room 8**

**[SY(T3)12] Nutrition in fetal programming and future health of life**  
Organized by Japan Society for DOHaD  
Chairs: Yuichiro Yamashiro, Juntendo University, Japan  
Hidemi Takimoto, National Institutes of Biomedical Innovation, Health and Nutrition, Japan  
Elizabeth Johnson  
Friedman School of Nutrition, Tufts University, USA  
Kazuki Mochizuki  
University of Yamanashi, Japan  
Kumiko Shoji  
Kagawa Nutrition University, Japan

**The role of lutein in early life**

**Relations between carbohydrate-responsive epigenetics and DOHaD**

**One-carbon metabolism during pregnancy and the fetal period**

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**13:15-15:15  Room 8**

**[SY(T3)13] Understanding body composition in the first two years of life**  
Organized by International Atomic Energy Agency  
Chair: Alexia Alford, International Atomic Energy Agency, Austria  
Andrew P Hills  
University of Tasmania, Australia  
Shabina Ariff  
The Aga Khan University, Pakistan  
Shane Norris  
University of the Witwatersrand, South Africa  
Ina Santos  
Universidade Federal de Pelotas, Brazil  
Rebecca Kuriyan  
St John’s Research Institute, India  
Pujitha Wickramasinghe  
University of Colombo, Sri Lanka

**Body composition from birth to two years – narrative review summary**

**Infant growth and body composition from birth to 24 months: Are infants developing the same?**

**Body composition reference charts for infants aged birth to 24 months**

**Determinants of infant growth and body composition from birth to 24 months: What are the driving factors?**

**Body composition of infants at 6 months of age using the 3-compartment model**

**Anthropometric indicators of body composition from birth to 24 months**
Using implementation research to improve programs targeting adolescents– experiences from Indonesia and Bangladesh

Building adolescent self-efficacy, health and resilience: lessons from Nepal and Bangladesh

Enabling improvements in adolescent nutrition through youth inclusive and gender responsive programs at scale

Approaches to reach and engage adolescents and adolescent mothers in Africa and Asia